



## TIMBER SPRINGS 2023-2024 TRACK AND FIELD SCHEDULE

Wednesday, March 13, 2024	Away vs. Wedgefield	5PM
Wednesday, March 27, 2024	Tri Meet vs. Avalon & Legacy (at Legacy)	5PM
Wednesday, April 3, 2024	Home vs. Discovery	5PM
Wednesday, April 10, 2024	Tri Meet vs. Odyssey and Corner Lake (at Odyssey)	5PM
Week of April 15-18, 2024	Division Championship – at East River	5PM
Week of April 23-25, 2024	County Championship - TBD	5PM

Track Events - Long Jump, Shot Put, 100, 1600, 400, 4x1 Relay, 800, 200 and 4x4 Relay

Track Parent Meeting - TBD

**All student-athletes MUST complete the OCPS Sports Packet and upload it to Aktivate before being allowed to try out.**

Track Tryouts Start - Monday, February 26, 2024

Track and Field County Championship - Only the top 24 athletes and top 16 relay teams will be selected to compete at Track Fest. All qualifying times are from the Division Championships.

Boys participate first this year followed by girls in all events.

Girls Head Track Coach - Jason Goodwyn ([jason.goodwyn@ocps.net](mailto:jason.goodwyn@ocps.net))

Boys Head Track Coach - TBD

Assistant Track Coach - Carolyn Deeb ([carolyn.deeb@ocps.net](mailto:carolyn.deeb@ocps.net))

Athletic Director - Carolyn Deeb ([carolyn.deeb@ocps.net](mailto:carolyn.deeb@ocps.net))

